CANCER SUPPORT COMMUNITY
GREATER ST. LOUIS

(Formerly The Wellness Community)

MONTHLY WELLNESS SERIES

Compassionate Caregiving: Caring for the Caregiver – RSVP
This program offers an opportunity for family and other caregivers of people with cancer to learn about the concept of "compassion fatigue." Research has increased awareness of the dangers of compassion fatigue for the helping professions. However, does it also affect family and friends who are full or part-time caregivers? What does it "look" like? Can it be prevented and/or treated? Please join Kimberly Lawson, LCSW, Oncology Social Worker and Compassion Fatigue Educator and Therapist (who is herself an experienced family caregiver) for education, open exchange and support.

Dressing, Hair and Skin Solutions: Boost Your Body Image! - RSVP (*Women Only Please*)
Join Michelle Casey from Medical West; Lilibet Iken, RN, Owner of be Salon and hair restoration and multiple-surgery-survivor; and CSC Facilitator Charli Prather for an afternoon of fun and learning about the latest options in troubleshooting your "challenge areas" after cancer treatment or surgery. A frank discussion will follow on self-image during and after a cancer diagnosis.

Single Survivorship & Sexuality PART II – RSVP
This popular offering continues as Tamara Williams-Redding, M.Ed. and LPC in association with Comprehensive Cancer Care provides an honest forum for discussing common concerns regarding dating, intimacy, and communication during and after a diagnosis of cancer. Don't miss this unique offering!

When:

Compassionate Caregiving
Wednesday, April 11; 7:00-8:30pm

Dressing, Hair and Skin Solutions:
Friday, May 11: Noon-2:30PM

Single Survivorship & Sexuality PART II
Thursday, May 31st: 6:00-7:30PM

Where:

Cancer Support Community
1058 Old Des Peres Road,
St. Louis, MO 63131

RSVP:

Call Cancer Support Community at **314-238-2000**,
or register online at
www.cancersupportstl.org

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